

MAIN EVENT JUNE 14, 2025 10 A.M. - 8 P.M.

AMERICAN LEGION TOURNAMENT - JUNE 11-15 - BALLWIN ATHLETIC ASSOCIATION



#### **BENEFITING**

The Jason Motte Foundation for cancer research and assistance to those who are affected. With the help of our sponsors, teams, coaches, friends, family and the community, Baseball & Softball BATtles Cancer has raised nearly

\$190,000

for cancer research since 2013.

PRESENTED BY

Royal Banks

# THANK YOU TO OUR SPONSORS



TEAM SPONSORS

























#### GAME SPONSORS

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#### THANK YOU

BAA FIELD CREW • BAA BBQ CREW • GREATER ST. LOUIS ASSOCIATION OF UMPIRES
BBC COMMITTEE MEMBERS • BALLWIN ATHLETIC ASSOCIATION • ALL VOLUNTEERS!



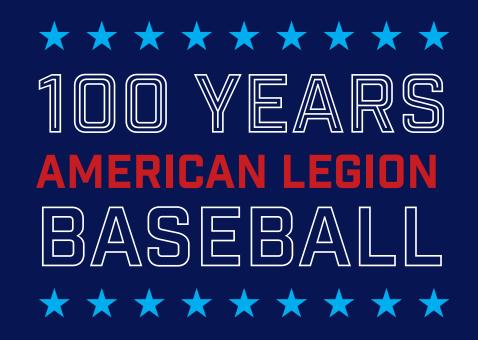
# TOURNAMENT SCHEDULE & RAFFLE TICKETS

◆ SCAN OR VISIT

BASEBALLBATTLESCANCER.COM

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#### A CENTURY OF TEAMWORK. A LEGACY OF IMPACT.

In 2025, American Legion Baseball celebrates 100 years of shaping young athletes into leaders on and off the field. Since its founding in 1925, this beloved program has stood for sportsmanship, citizenship, and community, producing Hall of Famers, community heroes, and generations of BALLPLAYERS WITH HEART.

As we rally together for Baseball Battles Cancer, we honor a century of tradition built by teams who've played not just for the win—but for each other.

Here's to the next 100 years of playing with purpose.



## JUST A FEW PROS WHO GOT THEIR START WITH AMERICAN LEGION BASEBALL

**ALBERT PUJOLS** – Played for Post 340 in Sugar Creek, Missouri. His standout performance in Legion Baseball helped put him on scouts' radar and paved his path to becoming a three-time MVP.

**TED WILLIAMS** – Played Legion ball in San Diego for Post 6. He credited American Legion Baseball for sharpening his competitive edge before launching a Hall of Fame career with the Red Sox.

**BRYCE HARPER** – First baseman for the Philadelphia Phillies; played Legion ball in Las Vegas.

MICHAEL WACHA – Played American Legion Baseball in Texarkana, Texas, on a team coached by his father. This early experience was instrumental in his development as a pitcher, providing a foundation that led to his collegiate career at Texas A&M and subsequent success in Major League Baseball.

# **CANCER PREVENTION** CHECKLIST

#### An ounce of cancer prevention is worth a ton of cancer cure.



- Schedule your annual check-ups - primary care, eye and dental
- Take part in cancerscreening programs

**Avoid carcinogens** 

Walk your dog every night after dinner - great for you and the dog

Don't smoke or vape

Use food storage containers made of glass

Don't overeat

Walk at least 1-mile or more every day

Drink more water. Tip: make a pitcher of infused water

> On your lunch break take a walk outside, but don't forget the sunscreen!

alcohol you drink

Limit the amount of

- Eat fresh fruits as dessert

Try a yoga class

- Go on a bike ride
  - Take a group fitness class

- Limit exposure to environmental toxins such as radon, asbestos, and secondhand smoke.
- If you're sitting at your desk all day, take a 20-minute break to walk
- Eat healthy snacks like nuts, fruits and veggies
- Wear UV protected sunglasses
- Drink from a BPA free water bottle
- Eat food with clean ingredients - avoid processed foods

- Seek shade and wear sunscreen daily
- Sleep! Your body needs to rest
- Do not eat overcooked or burnt meat
- When eating out, order water with fresh lemon instead of soda or alcohol
  - Visit a farmer's market and use seasonal produce in your meals. Even better... plant a garden!
- Implement intermittent fasting into your lifestyle





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### **BLOOD CANCER**



192,000

new cases of blood cancer this year

66,890 leukemia | 89,070 lymphoma | 36,110 myeloma

Leukemia: Found in the blood and bone marrow, it is caused by the rapid production of abnormal white blood cells. Patients with leukemia are not able to fight infection. Also, their bone marrow cannot properly produce red blood cells and platelets. Lymphoma: This type of blood cancer affects the lymphatic system. Lymphocytes are a type of white blood cell that fights infection. When they go haywire, they multiply and collect in lymph nodes and other tissues. Over time, they harm the immune system.

Myeloma: Myeloma is a blood cancer of the plasma cells. Plasma cells are a type of white blood cell that makes antibodies (proteins) to protect the body from infection. When the normal antibody production is disrupted, the immune system is weakened and infection risk rises.



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**POST 61** 

### **BRAIN CANCER**

**An Estimated** 

#### 1 million

people in the U.S. are living with a primary brain or central nervous system (CNS) tumor diagnosis.

28%

malignant tumors

72%

benign tumors

**APPROXIMATELY** 

20-40%

OF ALL OTHER CANCERS LATER
DEVELOP A BRAIN METASTASES.
This accounts for 98,000 to
170,000 new metastatic brain
tumor cases each year.

Brain and other nervous system cancers are the **TENTH** leading cause of cancer death in the United States. They are slightly more common in men than women.

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### **BONE CANCER**



Primary bone cancer is cancer that forms in cells of the bone. Some types of primary bone cancer are osteosarcoma, Ewing sarcoma, malignant fibrous histiocytoma, and chondrosarcoma. Secondary bone cancer is cancer that spreads to the bone from another part of the body (such as the prostate, breast, or lung). Primary bone cancer is far less common than cancer that spreads to the bones.

**Osteosarcoma** 

is most common in teenagers.

**Ewing Sarcoma** is most common in teenagers and young adults.

Primary bone cancers (cancers that start in the bones) are uncommon, accounting for less than 1% of all cancers.



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### THYROID CANCER

IN 2025, AN ESTIMATED

44,020

new cases of thyroid cancer will be diagnosed in the U.S.



Women are 3 times more likely to develop thyroid cancer than men. Until recently,

# rate of new thyroid cancers was growing faster than for

#### any other cancer

in the US. This was largely due to increased detection during imaging tests such as CT or MRI scans that were done for other medical problems. These sensitive tests can sometimes detect small thyroid nodules that might not otherwise have been found.

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## **BREAST CANCER**



#### 1 in 8 women

in the United States will be diagnosed with breast cancer in her lifetime. In 2025, an estimated 316,950 women and 2,800 men will be diagnosed with invasive breast cancer.



#### REMINDER

**DON'T FORGET TO SCHEDULE** 

**YOUR ANNUAL Mammogram** 

**Breast cancer is the** most common cancer in American women, except for skin cancers.

Approximately 15% of women diagnosed have a family history of breast cancer. Those with a first-degree relative (mother, sister, daughter) with breast cancer are nearly twice as likely to develop breast cancer themselves.



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### LIVER CANCER

#### **Reducing Risk**

You can lower your risk of getting liver cancer in the following ways:

- · Keep a healthy weight and get enough physical activity.
- Get vaccinated against hepatitis B.
- Get tested for hepatitis C, and get medical care if you have it.
- Avoid or limit alcohol and tobacco use.
- Limit exposure to cancer-causing chemicals.

#### Did you know?

**Chronic Hepatitis B** and C infections can cause liver cancer.

Liver cancer

incident rates have

more than tripled

since 1980.

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## **OVARIAN CANCER**



**PROGRESS!** The incidence rate of ovarian cancer has been declining by nearly 2% per year from 2012 to 2021. The death rate has decreased by 43% since 1976, largely due to better treatments and fewer diagnoses.

- Mutations in the BRCA1 and BRCA2 genes significantly increase the risk of ovarian cancer. Women with these mutations have a 10% to 46% chance of developing the disease.
- Genetic testing can identify these mutations, allowing for preventive measures and targeted treatments.

The median age at diagnosis is 63,

with about half of the cases occurring in women aged 63 or older.





**MELANOMA (SKIN) CANCER** 

5-YEAR RELATIVE SURVIVAL RATE OF

WITH EARLY DETECTION AND TREATMENT

**MELANOMA IS THE DEADLIEST FORM** OF SKIN CANCER BECAUSE IT'S MORE LIKELY TO SPREAD

SOURCES ESTIMATE THAT UP TO

OF CASES ARE CAUSED BY UV RADIATION

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**WARNING SIGNS:** 

Use **ABCDE** rule on spots:

**A**SYMMETRY

BORDER

COLOR

DIAMETER

**E**VOLVING

NCHESTER POST 208

**POST 158** 

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### PANCREATIC CANCER



AN ESTIMATED

Americans will be diagnosed with pancreatic cancer in 2025, more people than EVER before.

**Pancreatic** cancer has the highest mortality rate of all the major cancers.

Pancreatic cancer is more common in people with diabetes.

Heavy exposure at work to certain chemicals

(carcinogens) used in the dry cleaning and metal working industries may raise a person's risk of pancreatic cancer.



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**LEUKEMIA** 

MARYLAND HEIGHTS POST 213

**POST 210** 

#### Leukemia is a broad term for cancers of the blood cells.

The type of leukemia depends on the type of blood cell that becomes cancerous and whether it grows quickly or slowly. Leukemia occurs most often in adults older than 55, but it is also the most common cancer in children vounger than 15.

IN 2024. people were diagnosed with

leukemia, lymphoma, or myeloma.

people are living with or in remission from leukemia in the US.

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### PROSTATE CANCER



**MORE COMMON THAN YOU THINK** 

#### 1 in 8 men

will be diagnosed with prostate cancer in their lifetime.



#### **Screening** is **important**

because many early prostate cancers do not cause symptoms. Early detection can save lives.

Although highly treatable when caught early, prostate cancer can be deadly when caught at late stages. Cases of advanced-stage prostate cancer have increased by 4-5% annually for almost a decade.



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### **LUNG CANCER**

MOST PEOPLE DIAGNOSED WITH LUNG CANCER ARE

#### 65 or older

very small number of people diagnosed are younger than 45. The average age of people when diagnosed is about 70.

Lung cancer is by far the leading cause of cancer death in the US, accounting for about 1 in 5 of all cancer deaths.

Each year, more people die of lung cancer than of colon, breast, and prostate cancers combined.



A positive note, the number of new lung cancer cases continues to **DECREASE.** partly because more people are quitting smoking (or not starting).

